



FRANCES POWELL

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SAG

www.Frances-Powell.com



Mike Lawson (323) 822-9108

FILM

Eddie's Night Out	Lead	Viking Pictures / dir. Russ McDonald
Christopher Robin and The Big Move	Lead	dir. William McClella
Spin Cycle	Lead	Spin Cycle Films/dir. David Kolodny-Nagy
Married Men's Club	Supporting	dir. Dan Dieffenbach
Dating 101	Supporting	Next Century Films / dir. Brian
DePleschia		
The Grapevine	Supporting	Madbeanz Productions/ dir. Robert
Rodriquez		

TELEVISION / WEB SERIES

Star Child: The Chosen One (web series)	Lead	Nandar Entertainment / dir. Nancy Criss
Pirate Princess (web series)	Lead / Swordfighter	Privatsky Films / dir. Jan Bryant
Moonshine (web series)	Recurring	It's All in Your Hands / dir. Rick Darge
The Last Ride (tv movie)	Supporting	USA Network / dir. Guy Bee

TELEVISION HOSTING (partial list)

DIRECTV (HBO Preview Weekend)	Host	Four Square Productions
Realty Access Television (HGTV pilot)	Host/Narrator	East Word Productions / dir. Rich Prepuse
George Foreman Family Size X-Large Grill	Host/Narrator	Respond2 Media / dir. Bob Bates
Westinghouse Salad Xpress	Host/Narrator	Respond2 Media / dir. Bob Bates
Dermasonic Facial Brush	Host	Newport Prod. Co. / dir. Dean Hamilton
Sleep Comfort	Co-Host/Narrator	Diamond Production Group /dir. Jerry Hara
Quick Loan Funding	Co-Host	JCR Advertising / dir. John Riemann
Real English (ESL series)	Co-Host/Narrator	Bigfoot Entertainment / dir. Andrew Durbin
City Front Terrace Private Residences	Co-Host/Narrator	4 Square Productions / dir. Stuart Culpepper
The Finishing Touch	Host/Narrator	Millennium Pictures / dir. Victor Guy
Liquid Essentials for Women	Host/Narrator	Bulletproof Productions / dir. Mark Sussman
Digital Photography Made Easy	Host/Narrator	Time Zone Productions / dir. Lenny MacGill
L'Oreal Refinish Microdermabrasion	Featured	Caudill & Associates / dir. Bob Caudill

TRAINING

Private Coaching-Sharon Chatten; Comedic/Sitcom-Nick Anderson/ACW; Scene Study / Meisner Technique - Janet Alhanti / Iris Klein; Scene Study / On-Camera Technique - Terry Ross; Private Coaching / Scene Study - Joel Asher Acting Unlimited; On-Camera Technique - Robert Wald Actors Studio; Commercial Technique & Improvisation - Actors Workshop Studios; Earprompter System - Brian Collins;
Theatrical Combat (cutlass, broadsword, quarterstaff) - Academy of Theatrical Combat;
Broadcast Journalism and Production- East Carolina University, B.A. Communication

SPECIAL SKILLS

Earprompter (6 yrs), Teleprompter (10 yrs), VO/ Narration, Live Presentations, Advanced Interview and Improvisation Skills, Former Peace Corps Teacher (work well with children), Theatrical Combat (cutlass, broadsword, quarter staff), Firearms, Knowledge of Polish and French, Hand Model, Golf (24 handicap), Certified Scuba Diver, Bikram Yoga, Pilates, Knowledge of Various Forms of Dance (ballroom, ballet, jazz).